



# The 5-Point Scale and Anxiety Curve Poster

*Kari Dunn Buron*

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## **The 5-Point Scale and Anxiety Curve Poster** Kari Dunn Buron

This 24x36 full-color, dual-sided, erasable poster is the perfect visual support to accompany the bestselling *The Incredible 5-Point Scale*. The Check-In side allows students to identify the state of their emotions at various points of the day. The Anxiety Curve side offers a simple system for visually categorizing the levels of anxiety and accompanying behavior. Includes instructions and suggestions for use plus 36 multi-color, dual-sided clip-tabs that students can personalize and move up and down the scale, as needed.

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