



Professional Counseling: A Process Guide to Helping with MyCounselingLab with Pearson eText -- Access Card Package (8th Edition) (What's New in Counseling)

Harold L. Hackney, Janine M. Bernard

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Bridging the gap between theory and practice, Hackney and Bernard's *The Professional Counselor* offers a solid grounding in counseling skills and an understanding of how these skills are used within different therapy orientations, including affective, cognitive, behavioral, and systemic domains. It presents students with a four-stage model of counseling which shows them how to assess client problems, develop counseling goals, define strategies and select interventions, and terminate and evaluate the counseling relationship. The new co-author of this edition, Janine M. Bernard, brings her expertise in clinical supervision to help deconstruct the counseling process for learners, resulting in effective editing of all chapters in this edition. Also included is a discussion of the application of counseling interventions to Dialectical Behavior Therapy and Motivation Interviewing, so that students can appreciate that skills are not distinct from therapy approaches they will use in their clinical courses. Included are new case examples drawing from different specialties within counseling, and more than 40 new web-based video samples illustrating the content of the book.

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