



Collage for the Soul: Expressing Hopes and Dreams Through Art

Holly Harrison, Paula Grasdal

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For many people, art is at once a form of self-expression and discovery. Perhaps that's why collage—which is based on the idea of spontaneously layering images and symbols—is a favorite medium for crafters of all kinds.

This book approaches the topic by theme: 5 chapters present 20 projects that deal with expressing personal creativity, exploring and recording relationships, dreaming and wishing, finding inspiration in nature, and creating visual memoirs. The instructions tell how to create a personalized project, sharing necessary techniques while suggesting ideas for substituting personal themes and materials. The directions are a starting point to encourage the reader's own artistic journey, guiding the reader to contemplate, explore, and express thoughts and feelings through the medium of collage. An inspirational gallery concludes the book, with another 26 projects by leading artists in the field.

Whether a person's passion is stamping, decoupage, painting or paper art, this book shows how various collage techniques can combine to help any crafter or artist improve their craft and enrich their soul.

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