

Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment (Haworth Series in Family and Consumer Issues in Health)

Bruce Carruth, Carol Bucciarelli

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Addicted and Mentally III: Stories of Courage, Hope, and **Empowerment (Haworth Series in Family and Consumer Issues in Health)**

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Reconnect with dually diagnosed individuals using stories they can identify with!

Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment is a powerful tool to recommend to your clients who are dually diagnosed. This book presents vignettes about people with mental illness and addiction whose situations are representative of what goes on in a dual-diagnosis in-patient setting. This nonclinical, easy-to-read resource will give you, your patients, and their family members unique insight on dual diagnosis and how co-occurring mental illness and addiction can be treated with the minimum amount of blame, shame, or poor decision-making.

Addicted and Mentally Ill focuses on the most significant issues surrounding these individuals, such as:

- dual diagnosis and the family system—how family can help or hinder treatment
- the reasons why dually diagnosed clients resist treatment
- the fear of losing self-identity in treatment
- the misunderstandings about dual diagnosis—from the perspectives of the client, family members, and professionals in medicine and social work
- the role of hope, empowerment, and spirituality in recovery in dual diagnosis
- what the patient/client and family members can do to improve treatment options

Addicted and Mentally III is unique for its storytelling format, consisting of brief tales and short explanations you can recommend to clients and families with limited clinical knowledge or time. This innovative tool answers many of the questions that dually diagnosed individuals may have and helps them learn of the issues surrounding their illness as well as their addiction. For those professionals who provide direct counseling to these clients or patients, this book offers an interesting and nonthreatening way to help them learn about treatment options.

The stories in Addicted and Mentally Ill confront the life problems specific to dually diagnosed individuals, including:

- alcohol, drugs, and self-medication
- the difficulties of building trust in group therapy settings
- psychotropic medications
- illnesses such as bipolar disorder, schizophrenia, depression, and personality disorders
- suicide

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From reader reviews:

Jetta Butler:

Have you spare time for the day? What do you do when you have considerably more or little spare time? Yes, you can choose the suitable activity regarding spend your time. Any person spent their very own spare time to take a go walking, shopping, or went to the Mall. How about open as well as read a book allowed Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment (Haworth Series in Family and Consumer Issues in Health)? Maybe it is to get best activity for you. You realize beside you can spend your time together with your favorite's book, you can cleverer than before. Do you agree with its opinion or you have various other opinion?

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Mark Nixon:

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in Family and Consumer Issues in Health) contain a lot of information on the item. The writer explains her idea with easy approach. The language is very simple to implement all the people, so do definitely not worry, you can easy to read it. The book was published by famous author. The author gives you in the new age of literary works. You can actually read this book because you can read on your smart phone, or model, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site along with order it. Have a nice learn.

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