



Around the Roman Table: Food and Feasting in Ancient Rome

Patrick Faas

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In Around the Table of the Romans, Patrick Faas brings the Roman passion for eating to life. More than just a book of ancient recipes reconstructed for the modern cook (though there are more than 150 in the book), Around the Table of the Romans is a portrait of ancient Roman society as seen from the vantage point of the dining table. Faas explores ancient Roman manners, dining arrangements, spices, seasonings and cooking techniques. He shows how ancient Roman cuisine differs from its present incarnation. Most of all, he brings the ancient Roman world to life in a book that foodies and history buffs will salivate over.



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