



The Little Giant Encyclopedia of Palmistry

Nathaniel Altman

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Did you know that hand analysis is becoming an accepted technique in medicine and therapy? Scientists at distinguished research centers such as University College in London and Emory University in Atlanta are publishing articles on the subject in respected journals like The American Journal of Cardiology and Nature. Based on the author's 30 years of current research and experience in ancient traditions, this truly encyclopedic introduction offers insights into your personality, character, talents, health, and philosophy of life, with proven ideas for making the most of who you are. You can actually change the physical lines on your hands by...taking your life into your own hands. Five major topics are covered: * Essentials of hand analysis in the West--meanings of hand shape and consistency, fingers, mounts, lines, and skin ridge patterns * Modern psychological aspects--intelligence and character analysis; love, sex, and relationships; health, career path, and spiritual life * The basics of Indian palmistry, with its special themes of past and future lives * Essentials of Chinese hand reading, including its relationship to other body sites * Practical guidance--how to take hand prints, organize data, and render your own readings Over 400 diagrams and handprints take you through every aspect of this ancient yet modern "show of hands." 512 pages, 400 b/w illus., 4 3/16 x 5 1/4.

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