



Awakening The Life Force: The Philosophy and Psychology of Spontaneous Yoga

Swami Rajarshi Muni

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This book is about higher yoga, as practiced by the sages who composed the ancient scriptures of India. Learn to achieve, eternally, liberation from the limitations of time and space; unlimited divine powers; and an immortal, physically perfect divine body. Surrender the body and mind to the spontaneous workings of the awakened life force (prana), and practice pure conscious living.

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