



Health Promotion Throughout the Life Span (Health Promotion Throughout the Lifespan (Edelman))

Carole Lium Edelman, Carol Lynn Mandle, Elizabeth C. Kudzma

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With the advent of health care reform and an emphasis on reducing health care costs, health promotion and disease prevention is a priority in nursing care. Be prepared with **Health Promotion Throughout the Life Span, 8th Edition**, your comprehensive guide to major health promotion concepts. Featuring practical guidance - including boxes on diversity awareness, evidence-based practice, innovative practice, hot topics, and quality and safety as well as case studies and care plans - our experienced authors give you all the tools you need to stay current on the latest research and trends in health promotion.

- **Extensive coverage of growth and development throughout the lifespan** emphasizes the unique problems and health promotion needs of each age and stage of development.
- **Separate chapters on each population - group, individual, family, and community** - stress the unique issues faced when providing care to each group.
- **Evidence-Based Practice boxes** emphasize current research efforts and opportunities in health promotion.
- **Hot Topics and Innovative Practice boxes engage students' interest by introducing significant issues, trends, and creative programs and projects in health promotion practice.**
- **Diversity Awareness boxes** address various cultural perspectives and provide important information that needs to be considered in planning care.
- **Case studies and care plans** present realistic situations that challenge students to reflect upon important health promotion concepts.
- **Think About It boxes** dig deeper into the chapter topic and encourage critical thinking.
- **Numerous pedagogical features** such as objectives, key terms, and textual summaries highlight the most important concepts and terms in each chapter.
- **NEW! Healthy People 2020 boxes** include related goals and objectives for each chapter to address emerging health issues and health priorities over the next decade.
- **NEW! Quality and Safety scenarios** include examples and suggestions to encourage quality and safety in nursing.
- **NEW! Redesigned Nutrition chapter** highlights the new Dietary Guidelines for Americans and the MyPlate food guide.
- **NEW! Standard headings in the growth and development chapters** reinforce the concepts of Gordon's Functional Health Patterns.

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