



Christ or Therapy?: For Depression and Life's Troubles

E. S. Williams

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It is not widely realised that there is an irreconcilable difference between the remedies for sadness and grief set out in the Bible, and those put forward by the world of psychotherapy. A gulf also exists between the biblical policy for marriage, and that proposed by secular marriage guidance psychologists. Many wellknown evangelical authors and churches, however, have turned entirely to the secular remedies and policies in these matters.

This book shows what the differences are, including a remarkable review of depression in the Bible, and its relief.

This is the keenly awaited sequel to an earlier book - The Dark Side of Christian Counselling - by medical doctor Ted Williams.



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