



# **The Smart Family's Guide to Medical Savings: Empowering Those with Large Healthcare Costs (The Smart Guide Series) (Volume 1)**

*Yolanda Baker, Scott Transue E.A.*

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Heart disease, cancer and diabetes are the costliest of all chronic diseases. The total lifetime cost of autism for families has risen to as much as \$3 million. When dealing with any chronic medical condition, the last thing you want to think about is how to pay for treatment that's desperately needed. The Smart Family's Guide is a cost-cutting plan to dramatically reduce medical expenses. This guide covers: Medical Expense Tax Deductions HSA's, FSA's, and Other Cafeteria Plans Alternative Medicine and Alternative Medical Procedures How to Cut Expenses for Special Education, Medical Food, Long-Term Care, and More. The Smart Family's Guide is for anyone dealing with the high cost of healthcare. It also offers answers to questions unique to families caring for a loved one with mental, physical, intellectual, or cognitive medical conditions. "Ms. Baker's advice in her book saved our family thousands of dollars. Following her guidelines, we were able to recoup approximately half of the therapy costs in tax refunds! I highly recommend this book to any family facing uncovered medical costs." - Brooke Morton, mom and "Smart Family" hero

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