



Growth and Development Across the Lifespan: A Health Promotion Focus, 1e

Gloria Leifer, Heidi Hartston

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This book provides introductory coverage of growth and development throughout the lifespan. The content emphasizes normal aspects as well as the unique problems and health promotion needs of each age and stage of development. It features a strong health promotion theme structured around Healthy People 2010 objectives.

- Lifespan coverage from birth to death, including bereavement, helps students integrate concepts related to normal changes in each stage of the life cycle.
- Authors are active in clinical practice and have access to current research and trends in health promotion, providing readers with the most up-to-date, accurate information
- Health promotion and disease prevention content, including Healthy People 2010 objectives, is highlighted throughout the book
- Cultural content is highlighted throughout the book to encourage students to consider the cultural implications of healthcare at every stage of development
- Separate chapter on geriatrics discuss the theories of aging, physiological and psychological aspects of aging, health promotion and maintenance, and the role of the nurse and health care worker in caring for the geriatric patient to help students understand how to promote quality of life in advanced old age
- Teaching techniques for every developmental stage are part of a consistent chapter format and provide age-appropriate patient education tips
- Consistent chapter organization for each stage of growth and development makes information easy to access
- Critical Thinking box with a scenario and questions appears at the end of the chapter to help students consider all variables when planning nursing care across the lifespan
- Student learning features include Objectives, Chapter Outline, Key Terms, Key Points and Multiple-Choice Review Questions
- Appendixes for Recommended Adult Immunization Schedule and Recommended Immunizations for Adults with Medical Conditions provide essential health promotion information
- Appendix for Paradigms of Cultural Influences Across the Lifespan offers a unique view of culture and how it affects people during specific developmental stages
- Glossary includes definitions of Key Terms as well as additional terms related to the content so students don't need to turn to a separate resource to understand related terminology
- Bibliography and Internet Resources are organized by chapter in one list at the end of the book to facilitate further study

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