

Welcome to Your Brain: Why You Lose Your Car Keys but Never Forget How to Drive and Other Puzzles of Everyday Life

Sam Wang, Sandra Aamodt



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The popular, myth-busting guide to the neuroscience of everyday life, by two high-profile neuroscientists.

In this lively book, Sandra Aamodt and Sam Wang dispel common myths about the brain and provide a comprehensive, useful overview of how it really works. I n its pages, you'll discover how to cope with jet lag, how your brain affects your religion, and how men's and women's brains differ. With witty, accessible prose enhanced by charts, trivia, quizzes, and illustrations, this book is great for quick reference or extended reading.

Both practical and fun, this book is perfect whether you want to impress your friends or simply use your brain better.

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