



Play Therapy with Abused Children

Ann Cattanach

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Praise for the first edition: 'Ann Cattanach writes with enormous empathy and warmth, and with a refreshing lack of sentimentality. . . [This] is an unpretentious and optimistic book, and a very positive addition to recent publications.' - British Association of Play Therapists 'I would recommend the book to anyone working in this field. This is a well presented, clear and easy-to-read book, providing a balanced mixture of factual information and case material.' - British Journal of Occupational Therapy 'What impressed me so much about this work was Cattanach's knowledge of children and their inherent strengths as well as their vulnerabilities. This practical and easy to apply book is recommended for anyone who works with abused children and would like further insight as well as practical and informative advice on healing the traumatized child.' - Trauma and Loss: Research and Interventions 'Her accounts of the way in which play is used to make sense of traumatic experiences are full of insight and often moving. All aspects of the work are covered. This is an exceptional volume - goes far beyond a mere text book.' - Therapy Weekly This second edition of Ann Cattanach's highly commended book explores the use of play therapy with abused children as a way of helping them heal their distress and make sense of their experiences through expanding their own creativity in play. The book provides practical ways of starting play therapy with abused children and explains how the child can use this process for healing. Models of intervention are described with consideration given to the particular needs of the child and the work setting of the therapist. Suggestions include short and medium term interventions, individual/group and sibling work. This edition provides new case study material, up-to-date information on relevant legislation on children's rights and welfare and recent developments in research in the field. This book

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