



Mind & Body Weapons - Total Attack Elimination Part II. (T.A.E. Total Attack Elimination Book 2)

William Lee

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EXACTLY WHAT MOST SELF DEFENSE COURSES AVOID TO TEACH YOU

TAE Part 2 is not ordinary book - It is complete package with 14 videos, more real-life photos and detailed guidelines. (You DON'T necessarily need a Kindle Reader to buy and read this book. It's available for immediate reading on your PC or Mac.)

All fans of self-defense and the first Total Attack Elimination book by Sifu William Lee will be glad to know that he's developed additional 14 videos, more real-life photos, and descriptions that will allow you to learn exactly how to take down a violent opponent fast and without unnecessary force.

It is NOT only about the skills. Psychology behind the self defense such as mental awareness or overcoming subconscious blocks are the aspects probably explained in poorest ways but are in fact crucial for personal safety in real life situations. Sifu Lee here reveals easy to apply proven MInd and Body methods that everyone can use with biggest success rate.

You can learn exactly how to turn your Mind (that is often greatest liability) in to a sharp, laser pointed weapon. As an build up on the skills presented in Part 1, Pressure point self defense presented in the TAE Part 2, offer modern mas and women exactly what reality of modern life demands.

Total Attack Elimination II covers 'street situations' such as: Shoulder Grab, Wrist Grab, Grab From Behind, Hook Punch, etc. Other scenarios include moves when there's no room to strike, push back, or similar. Best of all, since Lee counsels about factors many feel missing, such as increase the element of surprise, minimizing legal implications and ability for the attacker to plead that they were the victim of unprovoked aggression. Lee's methods can be used by anyone, regardless of physical strength and prior training, and are also applicable for anyone who has gone through martial arts training and wished to add to their existing knowledge base.

MESSAGE FROM THE AUTHOR SIFU WILLIAM LEE

???THIS BOOK AND VIDEO IS NOT FOR PEOPLE THAT THINK THEY CAN DEFEAT AGGRESSOR BY BRUTE PHYSICAL FORCE. In my life, I have met with numerous people like some of the reviewers of this book.

Dear readers! Man and women carrying through life that superficial mindset on their shoulders are in fact individuals that belong amongst the "most endangered species" as well as "most vulnerable" group when we speak about reality of aggressive real life self defense. Here is why:

- They think their speed, strength, skills of punching or kicking are enough to protect them
- They are missing entire 'inner game' that is most important factor of any aspect of life INCLUDING martial arts and self defense
- These individuals mostly attract the troubles and attackers by irritating predators with the falsely build 'I am strong and powerful - you can touch me' attitude

These people are simply unfortunate individuals, missing to grasp crucial aspects of life. I can guarantee you, completeness in self defense can only be achieved if you learn and develop both, inner and external weapons.

W. Lee

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From reader reviews:

Loretta Yoder:

What do you concerning book? It is not important together with you? Or just adding material when you want something to explain what the one you have problem? How about your spare time? Or are you busy man? If you don't have spare time to accomplish others business, it is make you feel bored faster. And you have free time? What did you do? Everybody has many questions above. They should answer that question because just their can do that. It said that about e-book. Book is familiar in each person. Yes, it is right. Because start from on guardería until university need this kind of Mind & Body Weapons - Total Attack Elimination Part II. (T.A.E. Total Attack Elimination Book 2) to read.

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As people who live in the actual modest era should be up-date about what going on or details even knowledge to make these individuals keep up with the era which is always change and progress. Some of you maybe may update themselves by examining books. It is a good choice to suit your needs but the problems coming to you actually is you don't know which one you should start with. This Mind & Body Weapons - Total Attack Elimination Part II. (T.A.E. Total Attack Elimination Book 2) is our recommendation to help you keep up with the world. Why, because book serves what you want and need in this era.

Ina French:

Reading can called brain hangout, why? Because if you find yourself reading a book particularly book entitled Mind & Body Weapons - Total Attack Elimination Part II. (T.A.E. Total Attack Elimination Book 2) your head will drift away trough every dimension, wandering in each and every aspect that maybe mysterious for but surely can be your mind friends. Imaging just about every word written in a book then become one type conclusion and explanation that will maybe you never get ahead of. The Mind & Body Weapons - Total Attack Elimination Part II. (T.A.E. Total Attack Elimination Book 2) giving you a different experience more than blown away your thoughts but also giving you useful info for your better life on this era. So now let us show you the relaxing pattern the following is your body and mind is going to be pleased when you are finished examining it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

Bruce Williamson:

This Mind & Body Weapons - Total Attack Elimination Part II. (T.A.E. Total Attack Elimination Book 2) is completely new way for you who has intense curiosity to look for some information as it relief your hunger details. Getting deeper you upon it getting knowledge more you know otherwise you who still having little digest in reading this Mind & Body Weapons - Total Attack Elimination Part II. (T.A.E. Total Attack Elimination Book 2) can be the light food for yourself because the information inside this specific book is

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