



The Cape Malay Cookbook

Faldela Williams

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The Cape Malay Illustrated Cookbook is a collection of authentic Malay recipes. Experienced chef Faldela Williams shares her intimate knowledge of the Malay tradition with simple, easy-to-follow recipes for a multitude of well-known Malay dishes such as denningvleis, koesisters, rotis, sosaties, bobotie, curry, smoorsnoek, atjars, blatjangs and sambals. Faldela combines the knowledge passed down from generation to generation with modern practicality and convenience, making these delicious dishes easier to prepare than ever. Accompanying these recipes are beautiful illustrations by Liz Mills that highlight both the beauty of Malay food and of the culture itself.

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