



Easy Does It Relationship Guide for People in Recovery: Drama-free, Step-friendly advice on attaining, maintaining, and sustaining a committed relationship

Mary Faulkner

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The Easy Does It Relationship Guide shares solid advice for couples in recovery, delivered with a light touch. Mary Faulkner, a therapist and popular workshop leader, identifies the five basic topics partners argue about over and over again--money, sex, extended family, children, and time--and offers suggestions for assessing and resolving disagreements. Readers will come to see relationships as a process, always changing, often challenging, and ultimately a source of hope, strength, and joy.

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