



No Regrets: 101 Fabulous Things to Do Before You're Too Old, Married, or Pregnant

Sarah Ivens

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Do you feel stuck in a rut? Is life passing you by? Are you coming to a milestone in life and wondering if you missed out on great adventures along the way? Don't panic! It's not too late to wear that itchy bikini or go gallivanting off to Bora Bora or spend more time with dear old Dad. *No Regrets* offers you 101 ways to ensure you'll look back on life with a great big smile. No matter what your age or stage in life, this book will help you live life at full tilt, without regrets and without apologies.

For every woman who wants to live life to the fullest and wake up each morning with *No Regrets*—a delightful must-have antidote for all of the woulda/coulda/shouldas in your life.

Faced with new chapters in your life—even wonderful ones like getting married or having a baby—you might find yourself questioning the things you haven't gotten around to doing, rather than the things you have. When you stayed in and missed the party of a lifetime, were you boring? Should you have told the handsome man on the train you fancied him, spent more time with your inspirational great aunt before she died, and fought against the in-crowd to stand up for what you believed in? In a word, YES!

No Regrets gives you 101 ways to ensure that your life is rich with extraordinary experiences. With suggestions to satisfy every part of your personality, from your fashion maven to your intellectual side to your inner outdoorswoman, you'll be inspired to live life as it should be lived—in pursuit of fun and adventure. Sarah Ivens invites you to learn to:

Ride a Mechanical Bull

Ditch Toxic Friends

Buy Yourself a Princess Dress

Retrace a Famous Roadtrip

Stay Up All Night in Vegas

Master a Foreign Language

And much more.

With real-life anecdotes from Sarah and other women, as well as simple, cost-friendly alternatives for each idea, *No Regrets* is the perfect guide to seizing opportunities, taking chances, and going after all life has to offer.

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Peter Holmes:

Nowadays reading books be than want or need but also work as a life style. This reading routine give you lot of advantages. The benefits you got of course the knowledge the actual information inside the book that improve your knowledge and information. The information you get based on what kind of book you read, if you want have more knowledge just go with knowledge books but if you want sense happy read one with theme for entertaining including comic or novel. Often the No Regrets: 101 Fabulous Things to Do Before You're Too Old, Married, or Pregnant is kind of book which is giving the reader unforeseen experience.

David Lussier:

Reading can called thoughts hangout, why? Because when you find yourself reading a book specially book entitled No Regrets: 101 Fabulous Things to Do Before You're Too Old, Married, or Pregnant your head will drift away trough every dimension, wandering in every aspect that maybe unknown for but surely will end up your mind friends. Imaging just about every word written in a book then become one type conclusion and explanation that maybe you never get previous to. The No Regrets: 101 Fabulous Things to Do Before You're Too Old, Married, or Pregnant giving you another experience more than blown away your head but also giving you useful data for your better life within this era. So now let us teach you the relaxing pattern this is your body and mind will likely be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary paying spare time activity?

Robert Ross:

As we know that book is important thing to add our information for everything. By a book we can know everything we want. A book is a group of written, printed, illustrated or perhaps blank sheet. Every year ended up being exactly added. This guide No Regrets: 101 Fabulous Things to Do Before You're Too Old, Married, or Pregnant was filled about science. Spend your free time to add your knowledge about your scientific disciplines competence. Some people has various feel when they reading any book. If you know how big benefit from a book, you can truly feel enjoy to read a book. In the modern era like at this point, many ways to get book you wanted.

Sarah Acres:

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