



Peace & Parsnips: Vegan Cooking for Everyone

Lee Watson

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A down-to-earth, yet creative and fun-loving cookbook from a tremendously personable, truly global vegan chef

Be amazed at the incredible flavors in over 150 recipes that vegan pros *and* newbies will be thrilled to try—without fussy ingredients but *with* a global consciousness.

In *Peace & Parsnips*, world-wandering chef Lee Watson shares an astonishing array of hearty, healthy recipes—and happy stories! With unstinting resourcefulness and charm, he shows how to make the most of every ingredient. Get set to savor:

- Zen Noodle Broth
- Braised Cauliflower and Green Lentil Tabbouleh
- Portobello Pecan Burgers with Roasted Pumpkin Wedges
- Rustic Apple and Whisky Marmalade Tart
- Raw Blueberry and Macadamia Cheesecake, and more!

Watson is an evangelist for food that delivers nutrition, “packs your belly with goodness,” and proves how varied, cost effective, and appealing vegan cooking can be—for *everyone*.

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From reader reviews:

Henrietta Roderick:

Playing with family in a park, coming to see the coastal world or hanging out with good friends is thing that usually you might have done when you have spare time, in that case why you don't try matter that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Peace & Parsnips: Vegan Cooking for Everyone, it is possible to enjoy both. It is fine combination right, you still wish to miss it? What kind of hang type is it? Oh can happen its mind hangout guys. What? Still don't obtain it, oh come on its referred to as reading friends.

Chi Reyes:

This Peace & Parsnips: Vegan Cooking for Everyone is great guide for you because the content which is full of information for you who also always deal with world and also have to make decision every minute. That book reveal it info accurately using great plan word or we can say no rambling sentences included. So if you are read this hurriedly you can have whole details in it. Doesn't mean it only will give you straight forward sentences but hard core information with wonderful delivering sentences. Having Peace & Parsnips: Vegan Cooking for Everyone in your hand like having the world in your arm, information in it is not ridiculous just one. We can say that no e-book that offer you world throughout ten or fifteen second right but this reserve already do that. So , this can be good reading book. Heya Mr. and Mrs. hectic do you still doubt that?

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