

# EMOTIONAL INTELLIGENCE: EQ vs. IQ (Improve Your Social Skills, Emotions, Communication Skills, Self Confidence)

Erica Carrillo

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#### Do you want to know the secrets to boost your emotional intelligence (EQ)?

It has been shown that emotional intelligence is just as important as IQ or standard intelligence. Recently it has been proven that people who have high emotional intelligence are more likely to score better jobs, have a more fulfilling social life, and their overall happiness is higher. This book dives into the difference between IQ and EQ, and how you can improve emotional intelligence. It is a step-by-step guide so you can maximize your improvement.

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Playing with family in a park, coming to see the ocean world or hanging out with buddies is thing that usually you will have done when you have spare time, then why you don't try point that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love EMOTIONAL INTELLIGENCE: EQ vs. IQ (Improve Your Social Skills, Emotions, Communication Skills, Self Confidence), you are able to enjoy both. It is fine combination right, you still would like to miss it? What kind of hang-out type is it? Oh occur its mind hangout folks. What? Still don't understand it, oh come on its referred to as reading friends.

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